

EROMMY!

Closer to Life!

Infrared Sauna User Manual



Assembly Video

SKU: JFHL011MS

Rated Voltage : 110V / Rated Power : 1642W/

Rated Current: 15A

Attention:

1. Please check the manual carefully and make sure you have received all the parts.
2. If any parts are missing, please let us know the letter of the parts you need.
3. If there is any damage, please send clear photos to us, and we will check and offer you the best solution soon.

EROMMY PRODUCT INSTRUCTION

i Remember that the assembly might take (1) hours and requires (2) people.

REMEMBER

EROMMY isn't responsible for replacing parts lost or damaged during assembly. If you have issues, Email: service@erommy.com or Tel: **8886766299** instead of returning the unit.

IMPORTANT

Finalize site preparation and foundation construction before unpacking. Remove all parts from the packaging and check the right count and type of pieces before assembling.

! CAUTION

- Consult local authorities to ensure you have the required permits and are aware of any applicable local building regulations.
- It's crucial to review the site preparation information in the manual beforehand to get everything ready.
- Read instructions thoroughly before starting assembly. Follow the steps carefully because the kit contains parts that might be damaged if constructed incorrectly.
- Please handle the kit with caution since some parts have sharp metal edges.
- Avoid working in severe winds or extreme cold and wear gloves, eye protection, and long sleeves during assembly or maintenance.
- When filling it, store heavier items near the bottom. The product isn't intended for children to play in, and don't stand, sit, or store anything on the roof.

BRAND STORY

With the ideology of “closer to life” in our mind, EROMMY is committed to bring you the most refined and trustworthy products that fits your need. Our vision is to empower every customer to stay close to nature and ultimately transform their lifestyles.

EROMMY, Closer to Life!



Thanks for choosing our saunas. Please take the time to read through this manual carefully. Keep this manual and your proof of purchase for future reference and services.

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Installation Guide

Please read the following directions carefully. The sauna installation requires at least 2 people, and more people if the sauna cabin is big and heavy. You should not try to install the sauna on your own as damage will easily occur.

Electrical Requirements

Each sauna will require a exclusive circuit when plugged in an outlet. A exclusive circuit requires that no other appliance to share the outlet/circuit with the sauna. Failure to comply with this requirement may cause electrical interruption and diminished performance.

Please make sure the sauna is properly grounded. Serious injury may result if proper electrical requirements are not met.

It is recommended that a qualified electrician install your dedicated electrical wiring for proper sauna functionality and to avoid any potential electrical hazards.

Package Information

Each sauna is packed in 3 cartons (A, B, C).

Please make sure that you open the boxes face up. Please be very careful when opening cartons, due to fragile parts and glass.

Cautions to Installation

- 1- No plumbing or plumbing fixtures should be placed in the sauna.
- 2- Keep all liquids away from the heating panels
- 3- Install the sauna on a completely level surface.
- 4- Install the sauna in an area that is dry and protected from the weather.
- 5- Flammable objects and corrosive chemical substances should be kept far away from the sauna.

Part List

Carton A			
			
P1: Floor panel	P8: Ceiling	P4: Bench support	P5: Seat panel
			
P9: Dust-proof cover	P10: Door handle	P11: Oxygen ionizer	P12: Cup holder x2
	 1.6cm x 12pcs, assemble the dust-proof cover 2.5cm x 2pcs, install the cup holder 3.5cm x 12pcs, fix the ceiling with rear, side, front panels 4cm x 2pcs, install the towel Screws		 Individual On/Off switch on bench support, please switch the bench heater on or off at your request.
P13: Towel Rack			
Carton B		Carton C	
			
P2: Rear panel x2	P7: Front panel	P3: Left panel	P6: Right panel

Installation Procedure

Step 1 Part 1: Floor panel



Step 2 Part 2: Rear panel



Fasten by
latches

Step 3 Part 3: Left panel



Fasten by buckles



Or you can combine the 2
separated rear panels together,
then place the whole panel on floor.

Step 4 Part 4: Bench support



Connect the bench and floor heater wires to the socket on rear wall before **step 5**

Step 5 Part 5: Seat panel



Step 6 Part 6: Right panel



Step 7 Part 7: Front panel



Fasten by buckles

Step 8 Part 8: Ceiling



Draw the wires from wall panels to ceiling and connect all the wires well one by one.



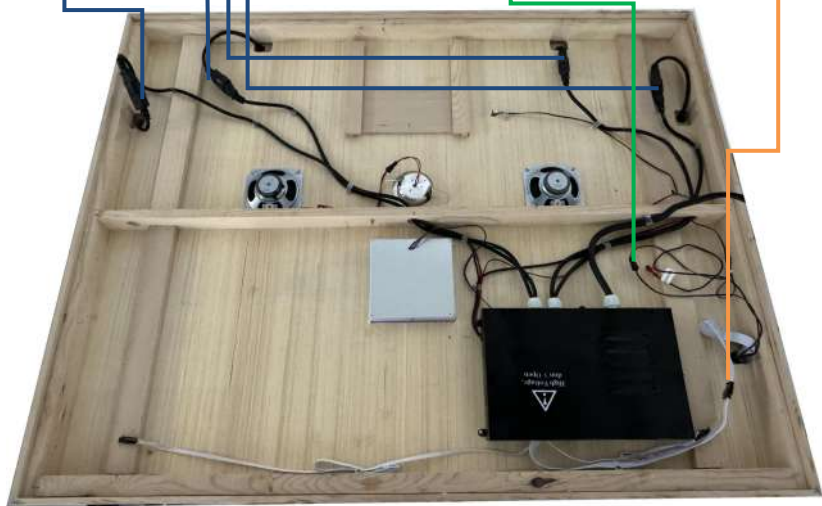
Heaters



Temp Sensor



Control Panel



After assure all the functions work well, fix the ceiling and rear, left, right and front half panel with screws 3.5cm via drilled holes.



Step 9 Part 9: dust-proof cover

After make sure everything works well, assemble the dust-proof cover with screws 1.6cm via drilled holes, don't forget to draw the power cord out.



Step 10 Part 10: Door handle



Put original screws via the holes on interior part of door handle and install it well



Accessories

Step 11 Part 11: Oxygen ionizer



Hang the oxygen ionizer to the screws on wall.

When preheating nobody in the sauna, press “O3” to release O3 to kill bacterium.

When heating, press “ion” to release negative ion.

Step 12 Part 12: Cup holder

Install the cup holders at your desired location with 2.5cm screws. Make sure not to install on or in front of the heaters. If you don't like or there is nowhere suitable to install it, just ignore it.

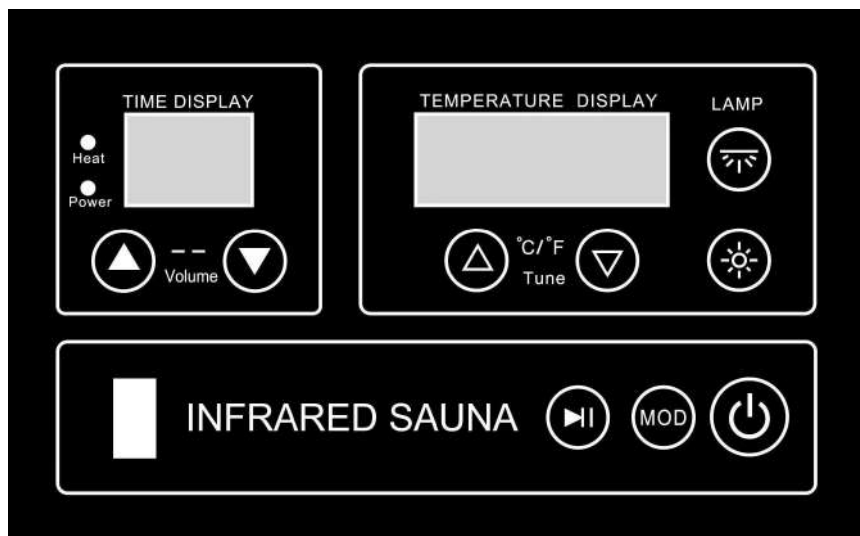


Step 13 Part 13: Towel rack

Install the towel rack at your desired location with 4cm screws. Make sure not to install on or in front of the heaters. If you don't like or there is nowhere suitable to install it, just ignore it.



Operation Instructions of Control Panel



Power Button (On/Off)

This button turns the sauna on or off.



Music Mode Button

Press this button to switch USB/FM/Bluetooth mode.

Tips:

Source "Sauna BT" via your mobile phone and connect, then press this button to enter bluetooth mode.



Music Control (Play/Pause)

Press this button to pause or play songs under either music mode.



Time Button (Increase/Decrease)

Press  or  button to increase or decrease the sauna timer.

Tips:

- 1, Time setting ranges from 1 to 99 minutes.
- 2, The heaters will turn off when the timer counts down until 00.
- 3, Press and hold both  and  buttons to switch off the timer (no time limit, it displays two dashes --, utmost 4 hours). Press either  or  button to start the timer again.
- 4, Press  /  buttons to increase / decrease volume when play music.



Temperature Button (Increase/Decrease)

Press the (+) or (-) button to increase or decrease the sauna temperature.

Tips:

- 1, Temperature setting ranges from 15 to 65°C.
- 2, The heaters will turn off when the sauna reaches its desired temperature.
- 3, Press and hold both  and  buttons to switch the temperature display between Fahrenheit and Celsius.
- 4, Press  /  buttons to choose next or previous song when play music.



Exterior Light Button

Press this button to switch on/off therapy light and LED strips on ceiling and change colors.

Tips:

One press to change one color of 7 colors, the 8th mode is color changing automatically, the 9th mode is off status.



Interior Light Button

Press this button to switch on/off LED spot light.

Usage Guide

Conditions to use the sauna:

- 1, Temperature range: +5~+40 °C (41-104 F degrees).
- 2, Relative humidity: ≤85%
- 3, Depression: 700-1060 hPa
- 4, Main supply: AC 110V or 220V-240V Frequency 50Hz ±1 or 60Hz ±1

Allow your sauna to warm up for 15-20 minutes or until it reaches 43°C (110 F degrees). You may close the vent on the ceiling to speed up the preheating process.

Drink plenty of water to avoid dehydration during or after the sauna using. It is better not to exceed 40 minutes one time.

When you use the sauna, please switch on the oxygen ionizer. If you still feel stuffy, open the vent in the ceiling to allow fresh air into the sauna.

Tips:

- Start using the sauna within 10 °C before it reaches the set temperature in order to receive the most benefits of the infrared heaters. For example, if you set the sauna to 52°C (125 F degrees) , you'd better start using the sauna when it reaches 46°C (115 F degrees) or 2-3 °C less.
- Customers reported an average use temperature of 52 °C (125 F degrees) .

Precautions to Use the Sauna

- If the temperature becomes unbearable, decrease the temperature or shut off the sauna immediately.
- Do not use if pregnant or have serious inflammation, a fever, a communicable disease, acute bleeding, or intoxicated.
- Concern the temperature if using the sauna with the elderly or children. Children need adult to accompany when using the sauna.
- Do not consume alcohol or drugs when using the sauna.
- If using prescription drugs, please seek advice of a personal physician or a pharmacist.
- Individuals with cardiovascular conditions or problems (hypertension / hypo tension), congestive heart failure, impaired coronary circulation, which might affect blood pressure, should exercise extreme caution when exposed to prolonged heat.
- Chronic diseases such as Parkinson's, Multiple Sclerosis, Central Nervous System Tumors and Diabetes with Neuropathy are conditions that are associated with impaired sweating.
- The use of Infrared saunas should be avoided by anyone who is predisposed to bleeding.
- An individual that has insensitivity to heat should not use any type of sauna.
- Heating of the low back area of women during the menstrual period may temporarily increase their menstrual flow.
- If have a recent acute joint injury, it should not be heated for the first 48 hours after an injury or until the hot and swollen symptoms subside.
- Metal pins, rods, artificial joints or any other surgical implants should consult a surgeon prior to using an Infrared Sauna.
- Do not splash water on the heaters or any electrical component inside the sauna.

- Do not bring wet towels into your sauna or any substances that could harm the interior of your sauna.
- Do not install a lock on your sauna.
- All repairs need to be authorized by the supplier's representative; otherwise product warranty may be voided.

In the rare event, you feel painful and/or uncomfortable, immediately discontinue sauna use.

Cleaning and Maintenance

Use a clean damp towel to wipe off the bench, floor and around the back panel.

Do not use a towel that is too wet and can drip water inside the sauna and do not use cleaning agents inside the sauna.

Make sure to keep the sauna dry and clean. Do not leave towels or water glasses or bottles inside the sauna after use.

Wipe the exterior surface of the sauna with a towel and clean the glass at least once a month.

Wood Care

If the sauna exterior body was scratched or scuffed, it can be concealed by using a small amount of furniture polish, oil or other furniture treatment.

The interior blemishes, scratches, or scuffs can be either left alone, sanded or combination of gluing plus sanding.

Please avoid any treatment containing benzene or a high concentration of alcohol.

Troubleshooting

The sauna does not power on

- Make sure the power cord of sauna is connected to the socket at your home.
- Make sure the power cord of sauna is connected well to the electric box on the top of sauna.
- Make sure the overload protector did not turn off.
- Make sure the control panel wire is connected.
- Make sure the power socket at your home is working by trying a different device on the same socket.

Control panel displays abnormal or has malfunction

- Error code E0: the temperature sensor doesn't connect well, connect it again.
- Error code E1: there is a short circuit, replace a new temperature sensor or circuit board.
- To make sure whether all the connections of wires for control panel connected well. There are 3 connections of the wires: to the control panel, to the circuit board, middle connection on roof.
- Replace a new wire for control panel.
- Replace a new control panel.

One or a few heaters do not work

- Make sure the heaters' plugs are connected on top of the sauna.
- Make sure the heaters' plugs under the bench are connected.
- Floor heater is not as hot as other heaters (by design).
- Make sure the plug behind the heater is connected (you would need to unscrew the heater).
- Replace a new heater.

LED spot light does not work

- Make sure the wires are connected well.
- Replace a new light.

Therapy light does not work

- Make sure the wires are connected well.
- Replace a new therapy light.

LED strip does not work

- Make sure the wires are connected well.
- Replace a new LED strip.

***For more troubleshooting advice or to report a problem,
please contact with your supplier.***

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