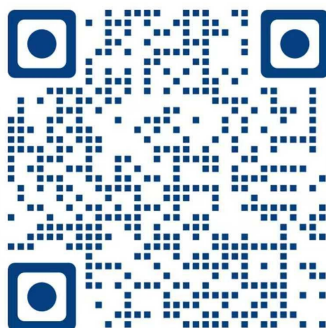


# EROMMY

Closer to Life!

## Infrared Sauna User Manual



Assembly Video

**SKU: WYJFHL031BK**

**Rated Voltage : 220V / Rated Power : 3700W/**

**Rated Current: 18A**

## **Attention:**

- 1. Please check the manual carefully and make sure you have received all the parts.**
- 2. If any parts are missing, please let us know the letter of the parts you need.**
- 3. If there is any damage, please send clear photos to us, and we will check and offer you the best solution soon.**

# EROMMY PRODUCT INSTRUCTION

**i** Remember that the assembly might take ( 2 . 5 ) hours and requires ( 2 ~ 3 ) people.

## REMEMBER

EROMMY isn' t responsible for replacing parts lost or damaged during assembly. If you have issues, Email: **service@erommy.com** or Tel: **8886766299** instead of returning the unit.

## IMPORTANT

Finalize site preparation and foundation construction before unpacking. Remove all parts from the packaging and check the right count and type of pieces before assembling.

## ! CAUTION

- Consult local authorities to ensure you have the required permits and are aware of any applicable local building regulations.
- It's crucial to review the site preparation information in the manual beforehand to get everything ready.
- Read instructions thoroughly before starting assembly. Follow the steps carefully because the kit contains parts that might be damaged if constructed incorrectly.
- Please handle the kit with caution since some parts have sharp metal edges.
- Avoid working in severe winds or extreme cold and wear gloves, eye protection, and long sleeves during assembly or maintenance.
- When filling it, store heavier items near the bottom. The product isn' t intended for children to play in, and don't stand, sit, or store anything on the roof.

## BRAND STORY

With the ideology of “closer to life” in our mind, EROMMY is committed to bring you the most refined and trustworthy products that fits your need. Our vision is to empower every customer to stay close to nature and ultimately transform their lifestyles.

EROMMY, Closer to Life!



Thanks for choosing our saunas. Please take the time to read through this manual carefully. Keep this manual and your proof of purchase for future reference and services.

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## Installation Guide

Please read the following directions carefully. The sauna installation requires at least 2 people, and more people if the sauna cabin is big and heavy. You should not try to install the sauna on your own as damage will easily occur.

### Electrical Requirements

Each sauna will require a exclusive circuit when plugged in an outlet. A exclusive circuit requires that no other appliance to share the outlet/circuit with the sauna. Failure to comply with this requirement may cause electrical interruption and diminished performance.

Please make sure the sauna is properly grounded. Serious injury may result if proper electrical requirements are not met.

It is recommended that a qualified electrician install your dedicated electrical wiring for proper sauna functionality and to avoid any potential electrical hazards.

### Package Information

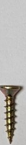
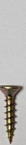
Each sauna is packed in one plywood box.

Please make sure that you open the boxes face up. Please be very careful when opening the box, no hurt yourselves or any parts when take them out.

### Cautions to Installation

- 1- No plumbing or plumbing fixtures should be placed in the sauna.
- 2- Keep all liquids away from the heating panels
- 3- Install the sauna on a completely level surface.
- 4- Install the sauna in an area that is dry and protected from the weather.
- 5- Flammable objects and corrosive chemical substances should be kept far away from the sauna.

## Part List

| All in one plywood box                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                     |                                                                                     |                                                                                     |                                                                                      |
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|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |    |    |    |    |
| P1: Floor panel                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | P2: Rear panel                                                                      | P3: Left panel                                                                      | P4: Right panel                                                                     | P4a: Right panel                                                                     |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |    |    |    |     |
| P5: Bench support                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | P6: Seat panel x 2                                                                  | P7: Left aluminum panel                                                             | P8: Bottom aluminum panel                                                           | P9: Glass panel                                                                      |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |    |    |    |    |
| P9a: Glass hold clip x 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                     |                                                                                     |                                                                                     |                                                                                      |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | P10: Top aluminum panel                                                             | P11: Ceiling panel                                                                  | P12: Right aluminum cover                                                           | P13: Stove                                                                           |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |    |    |    |    |
| P13a: Stove guard pieces x 3                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                     |                                                                                     |                                                                                     |                                                                                      |
| P13b Stainless steel pan                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | P14: Glass door                                                                     | P14a: Hinge x2<br>P14b: Door handle                                                 | P14c: Magnetic seal strips                                                          | P15: Dust-proof cover                                                                |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |  |  |  |  |
| P16: Thermo-ygrometer                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | P17: Sand timer                                                                     | P18: Bucket & Ladle                                                                 | P19: Stones                                                                         | P20: Cup holder                                                                      |
| <br>ST3.5*19mm ST3.5*45mm ST3.5*55mm <div>     </div><br>19mm x 6pcs, install aluminum panels with wood walls.<br>45mm x 6pcs, install aluminum panels with aluminum panels.<br>55mm x 2pcs, install aluminum panels with aluminum panels. (see details in the manual) <div>     </div><br>Screws <div> <p>1.6cm x 13pcs, 12pcs to assemble the dust-proof cover, 1pc to hang thermo-hygrometer.</p> <p>2.5cm x 2pcs, install the cup holder.</p> <p>3.5cm x 26pcs, 3-4pcs to install bench support, 12pcs to fix the ceiling with rear, side, front panels, 8pcs to install stove guard, 2pcs to install sand timer.</p> <p>4cm x 6pcs, install seat panels</p> </div> |                                                                                     |                                                                                     |                                                                                     |                                                                                      |

## Installation Procedure

**Step in advance:** Remove PP bags of salt stones

Before **Step 1** or **Step 2**, place **P2: Rear panel** on ground or lean on your house wall, unscrew the cover frame, take out salt stones and remove PP bags, then put the salt stones back one by one, finally install the cover frame back well.

***Very important tips:***

- 1) Genuine Himalayan salt stones must melt in wet air. When you use the sauna daily or often, it will melt very slowly, no using frequently, it melts relatively quickly.
- 2) If you'll leave the sauna no using for long while after installation, please don't do this step, keep the PP bags to prevent from melting.
- 3) When you'll start to use the sauna often, just do this step while standing in the cabin, no need to place the rear panel on ground, but be careful to avoid damage of any stone.
- 4) After using, if you'll leave home for long while, seal the salt stones in PP bags to prevent from melting.



**Step 1 P1: Floor panel**



**Step 2 P2: Rear panel**



**Step 3 P3: Left panel**



Fasten by latches, suggest holding left panel, but lift rear panel to hook the protrusion of each latch on rear wall to the hollow of each latch on left wall, then align with floor well.



**Step 4 P4: Right panel**



Fix the right glass panel with rear wall by screws ST3.5x19 x 3pcs



Install **P4a**: Soft pads x 4pcs on front of right panel evenly, just press each pad and place it well.

## Step 5 P5: Bench support



Fix with screws 3.5cm x 4pcs  
or 3pcs via drilled holes

## Step 6 P6: Seat panels



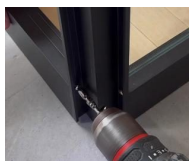
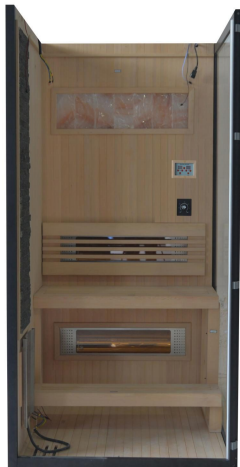
Bigger one up, smaller one down, fix with screws 4cm x 6pcs.  
Connect the wires of down bench LED strip at this step or after installation.

## Step 7 P7: Left aluminum panel

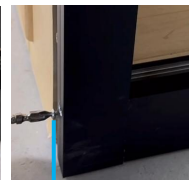


Fix the aluminum panel with left wood wall by screws ST3.5x19 x 3pcs via left 3 holes

## Step 8 P8: Bottom aluminum panel



Fix the bottom aluminum panel with right panel by screws ST3.5x45 x 2pcs



Fix the top aluminum panel with left panel by screws ST3.5x55 x 1pc & ST3.5x45 x

ST3.5x55 x 1pc

ST3.5x45 x 1pc

## Step 9 P9: Glass panel

Fix 1pc **P9a**:  
Glass hold clip on bottom  
aluminum  
panel to hold  
the glass panel



Stick the longest  
one of **P9b**:  
Silicon seal  
strips to the  
right edge of  
glass panel at  
this step or after  
installation

## Step 10 P10: Top aluminum panel



Fix the top aluminum  
panel with right panel  
by screws ST3.5x45  
x 2pcs

Fix the top aluminum  
panel with left panel  
by screws ST3.5x45  
x 1pc & ST3.5x55 x

ST3.5x45 x1pc

ST3.5x55 x1pc



Fix 1pc **P9a**: Glass  
hold clip on top  
aluminum panel to  
hold the glass panel

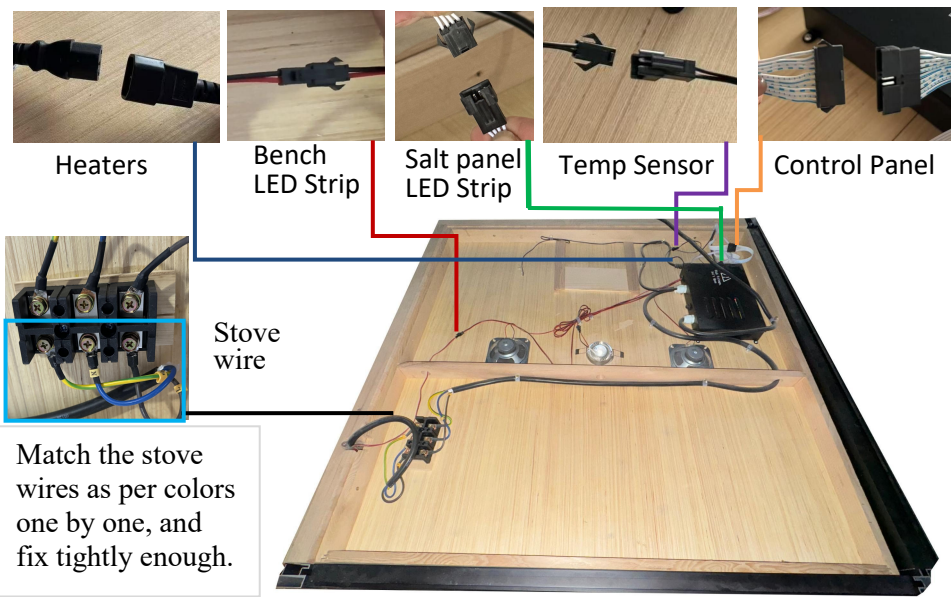
Step 11 P11: Ceiling



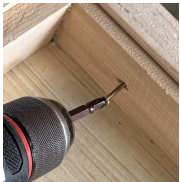
Step 12 P12: Right aluminum cover



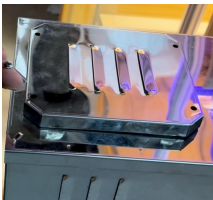
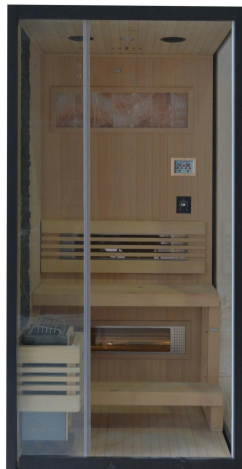
connect all the wires on ceiling well one by one.



After assure all the functions work well, fix the ceiling and rear, left, right and front half panel with screws 3.5cm via drilled holes.



**Step 13 P13: Stove**



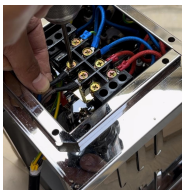
Unscrew the metal cover



Remove the plastic cover



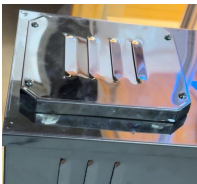
Unscrew the cable lugs



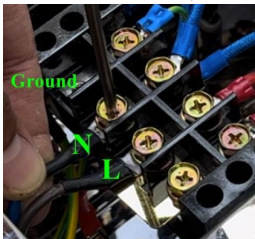
Put stove cable out of left wall into the stove via the hole on bottom, connect Ground, N, L wires and install the lugs back tightly enough.



Put the plastic cover back



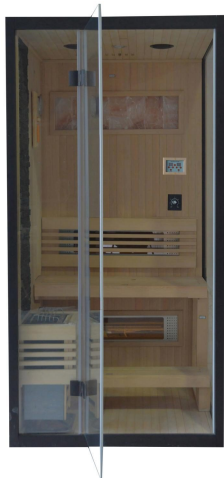
Install the metal cover back



Firstly install pieces ①, ② of **P13a: Stove guard** to the rear wall with screws 3.5cm x 4pcs, then hang the stove to the metal panel on rear wall, finally install

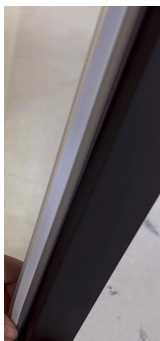
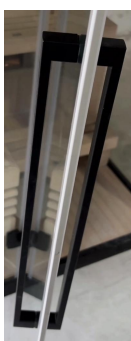
piece ③ of **P13a**: Stove guard with pieces ① and ② by screws 3.5cm x 4pcs.  
**13-5**: Place **P13b**: Stainless steel pan under the stove.

## Step 14 **P14**: Glass door



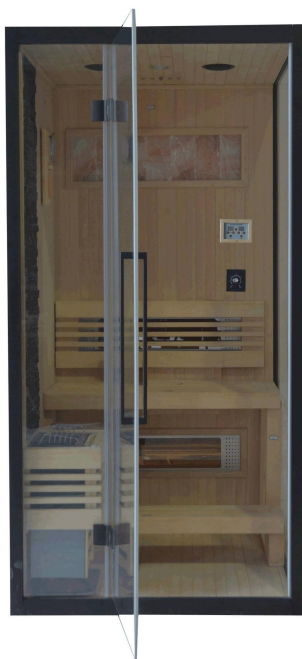
### Tips:

1. Separate **P14a**: Hinges. Don't miss any screws and pads.
2. Aim at holes on both glass door and front glass panel.
3. Place the pads and install screws one by one.



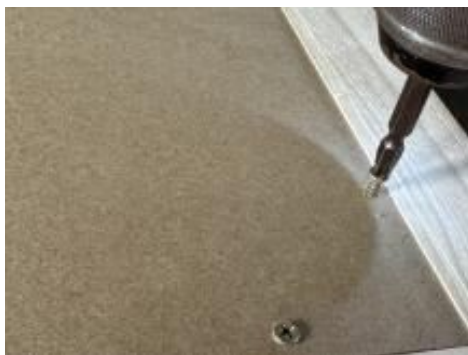
### Tips:

1. Separate **P14b**: Door handle to 2 parts. Don't miss any screws.
2. Aim at holes on glass door. Install the screws inside the cabin.
3. Match each half of **P14c**: Magnetic seal strips with aluminum panel or glass door, install correspondingly.
4. Stick 2 short **P9b**: Silicon seal strips on top and bottom of glass door.



### Step 15 P15: Dust-proof cover

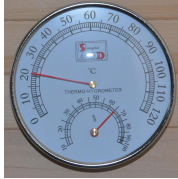
After make sure everything works well, assemble the dust-proof cover with screws 1.6cm via drilled holes, don't forget to draw the power cord out.



## Accessories

### P16: Thermo-hygrometer & P17: Sand timer

Please fix these 2 accessories on the walls as per the punched holes or on your desired locations.



Screws 1.6cm x 1pc to install on wall and hang the Thermo-hygrometer.  
Screws 2.5cm x 2pcs to install the sand timer.

### P18: Bucket & Ladle

Place the bucket with water on bench, put one ladle of water to the hot enough stones on stove to make steam.

Tips: Don't put too much water one time, and make sure the stones are hot enough.



### P19: Stones

Stones are packed in the stove box. Please wash the stones before using at the 1<sup>st</sup> time and place stones on the stove evenly. Don't leave stones in dry heating for long time.

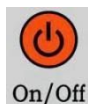
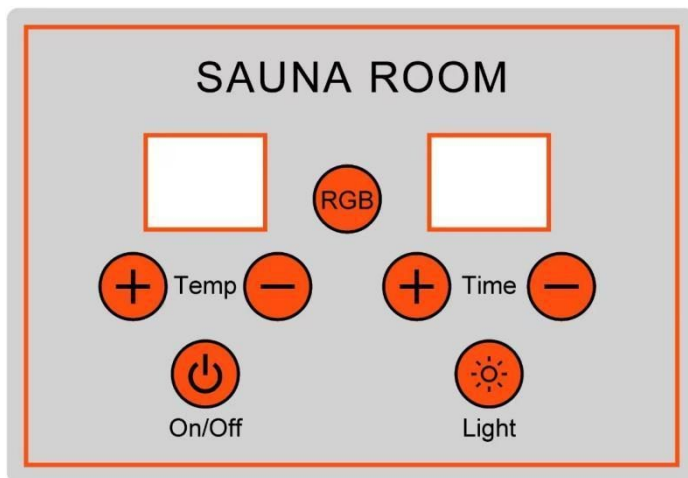


### P20: Cup holder (optional)

Install the cup holders at your desired location with screws 2.5cm x 2pcs. Make sure not to install on or in front of the stove. If you don't like, just ignore it.



## Operation Instructions of Control Panel



### Power Button (On/Off)

This button turns the sauna on or off.



### Light Button (On/Off)

This button turns the ceiling LED spot light and bench single warm white color LED strip on or off simultaneously.



### Temperature Setting

Press  or  button to increase or decrease the sauna temperature. The heaters will turn off when the sauna reaches its desired temperature.

Temperature setting ranges from 64 to 194°F. Press **Light Button** 3 seconds to switch °F to °C.



### Timer Setting

Press  or  button to increase or decrease the

sauna timer. It will count down until 00 and shut down the heaters.

Tips: Time setting ranges from 1 to 99 minutes.



### RGB light Button

Press this button to switch RGB light if it includes.

This model it's to turn on/off colorful LED strip around the salt stones panel and switch color one by one.

**Blue-tooth function:** Source SAUNA BT on your mobile phone or other devices with Blue-tooth function, connect with it when the sauna turns on, then you can play music etc. via blue-tooth. To adjust volume, change playing turns, pause or stop via your mobile phone.

### Rotary switch

This switch is to control the infrared lighting heater behind the backrest separately.

(**Tips:** Infrared lighting heater under the bench is controlled by the control panel, working with the stove at same time)



# Usage Guide

## Conditions to use the sauna:

- 1, Temperature range: 0~40 °C (32-104 F degrees).
- 2, Relative humidity: ≤85%
- 3, Depression: 700-1060 hPa
- 4, Main supply: Frequency 50-60Hz ±1, AC 220V-240V, plug 20A

Allow your sauna to warm up for 15-20 minutes . You may close the vent on the ceiling to speed up the preheating process.

Drink plenty of water to avoid dehydration during or after the sauna using. It is better not to exceed 60 minutes one time.

When you use the sauna, if you feel stuffy, open the vent in the ceiling to allow fresh air into the sauna.

## Precautions to Use the Sauna

- If the temperature becomes unbearable, decrease the temperature or shut off the sauna immediately.
- Do not use if pregnant or have serious inflammation, a fever, a communicable disease, acute bleeding, or intoxicated.
- Concern the temperature if using the sauna with the elderly or children. Children need adult to accompany when using the sauna.
- Do not consume alcohol or drugs when using the sauna.
- If using prescription drugs, please seek advice of a personal physician or a pharmacist.
- Individuals with cardiovascular conditions or problems (hypertension / hypo tension), congestive heart failure, impaired coronary circulation, which might affect blood pressure, should exercise extreme caution when exposed to prolonged heat.

- Chronic diseases such as Parkinson's, Multiple Sclerosis, Central Nervous System Tumors and Diabetes with Neuropathy are conditions that are associated with impaired sweating.
- The use of Infrared saunas should be avoided by anyone who is predisposed to bleeding.
- An individual that has insensitivity to heat should not use any type of sauna.
- Heating of the low back area of women during the menstrual period may temporarily increase their menstrual flow.
- If have a recent acute joint injury, it should not be heated for the first 48 hours after an injury or until the hot and swollen symptoms subside.
- Metal pins, rods, artificial joints or any other surgical implants should consult a surgeon prior to using an Infrared Sauna.
- Do not splash water on the heaters or any electrical component inside the sauna.
- Do not bring wet towels into your sauna or any substances that could harm the interior of your sauna.
- Do not install a lock on your sauna.
- All repairs need to be authorized by the supplier's representative; otherwise product warranty may be voided.

***In the rare event, you feel painful and/or uncomfortable, immediately discontinue sauna use.***

## **Cleaning and Maintenance**

Use a clean damp towel to wipe off the bench, floor and around the back panel.

Do not use a towel that is too wet and can drip water inside the sauna and do not use cleaning agents inside the sauna.

Make sure to keep the sauna dry and clean. Do not leave towels or water glasses or bottles inside the sauna after use.

Wipe the exterior surface of the sauna with a towel and clean the glass at least once a month.

## **Wood Care**

If the sauna exterior body was scratched or scuffed, it can be concealed by using a small amount of furniture polish, oil or other furniture treatment.

The interior blemishes, scratches, or scuffs can be either left alone, sanded or combination of gluing plus sanding.

Please avoid any treatment containing benzene or a high concentration of alcohol.

# Troubleshooting

## The sauna does not power on

- Make sure the power cord of sauna is connected to the socket at your home.
- Make sure the power cord of sauna is connected well to the electric box on the top of sauna.
- Make sure the overload protector did not turn off.
- Make sure the control panel wire is connected.
- Make sure the power socket at your home is working by trying a different device on the same socket.

## Control panel displays abnormal or has malfunction

- Error code E0: the temperature sensor doesn't connect well, connect it again.
- Error code E1: there is a short circuit, replace a new temperature sensor or circuit board.
- To make sure whether all the connections of wires for control panel connected well. There are 3 connections of the wires: to the control panel, to the circuit board, middle connection on roof.
- Replace a new wire for control panel.
- Replace a new control panel.

## Stove does not work

- Make sure the wires are connected well on roof and on stove itself.
- Make sure the wires are in fine condition.
- Replace a wire or components of stove or power box.

## One or a few infrared heaters do not work

- Make sure the heaters' plugs are connected on top of the sauna.
- Make sure the wires connected to the heater is fine (you would need to unscrew the heater to check).
- Replace a new heater.

### **LED spot light does not work**

- Make sure the wires are connected well.
- Replace a new light.

### **LED strip does not work**

- Make sure the wires are connected well.
- Replace a new LED strip.

***For more troubleshooting advice or to report a problem,  
please contact with your supplier.***

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